

## **FOOD DRIVE**

## **Fueling Healthier Communities** Starts One Pound of Food at a Time

| General Food Drive Items  |   |  |
|---|---|--|
| <ul> <li>□ Canned Tuna (in water)</li> <li>□ Canned Chicken</li> <li>□ Canned Salmon</li> <li>□ Canned Chili</li> <li>□ Canned Tomatoes</li> <li>□ Canned Fruit (peaches, pears, applesauce, mandarin oranges, pineapple, mixed fruit)</li> <li>□ Canned Soup (beef, chicken, vegetable, tomato)</li> <li>□ Canned black beans</li> </ul> | <ul> <li>□ Canned baked beans</li> <li>□ Canned kidney beans</li> <li>□ Dried Fruit, Nuts</li> <li>□ Healthy Snacks     (granola bars, crackers, pretzels)</li> <li>□ Jelly/Jam</li> <li>□ Peanut Butter</li> <li>□ Mashed Potatoes</li> <li>□ Oatmeal (instant, rolled)</li> <li>□ Pancake Mix</li> <li>□ Syrup</li> </ul> | <ul> <li>□ Pasta Mix</li> <li>□ Pasta/Noodles - Dry</li> <li>□ Pasta Sauce</li> <li>□ Rice (brown, mix)</li> <li>□ Spices</li> <li>□ Tomato/V8 Juice</li> <li>□ Tomato Sauce</li> <li>□ Coffee</li> <li>□ 100% Apple Juice</li> <li>□ 100% Grapefruit Juice</li> </ul> |
| ☐ Peppers ☐ Zucchini  | arden or Local Farmer's Mo  Eggplant  Carrots   | <ul><li>□ Blueberries</li><li>□ Raspberries</li></ul>  |
| <ul><li>☐ Cucumbers</li><li>☐ Squash</li><li>☐ Tomatoes</li></ul>   | <ul><li>□ Celery</li><li>□ Lettuce</li><li>□ Strawberries</li></ul>   | <ul><li>□ Cantaloupe</li><li>□ Honeydew</li><li>□ Watermelon</li></ul>   |