



People Reaching  
Out to People

# ACTS OF KINDNESS 2016

Help someone struggling this holiday season by giving an item each day  
and donating to PROP Food Shelf

27 Baked Beans	28 Conditioner	29 Soap	30 Brownie or Cookie Mix	1 Canned Fruit	2 Boxed Pasta	3 Old Fashioned Oatmeal
4 Tomato Soup	5 Crackers	6 Pasta Sides	7 Instant Mashed Potatoes	8 Cake Mix	9 Frosting	10 100 Juice
11 Paper Towels	12 Applesauce	13 Nuts	14 Kidney Beans	15 Baby Wipes	16 Deodorant	17 Coffee
18 Snack Size Raisins	19 Boxed Potatoes	20 Toothbrush	21 Toothpaste	22 Pancake Mix	23 Syrup	24 Mac & Cheese
1 in 10 MN households struggle with hunger	89% of new clients say they "sometimes or often worry about running out of food"	+15% increase in # of Seniors using PROP vs last year	1000 kids received food this summer	+64% increase in # of children living in poverty in EP since 2000		
PROP serves over 3,500 people right in your backyard	There are more people living in poverty in the suburbs vs city	"If you can't feed a hundred people, then feed just one." - Mother Teresa				

\*These are PROP's most needed items, but we accept any non-perishable, non-dented, non-expired products